

EuroJam Daily Reflection Material. v4. 3rd April 04
Resource for Unit Leaders. A6 cards in pockets. 2 sets per unit.

First Full Draft. Comments to jonathan.how@scouting2007.org

Framework

1. Opportunities / New Beginnings
2. Choices / Getting the Most Out of Life
3. Discovery
4. Light
5. Seeing the Whole Picture
6. Preconceptions
7. Challenge
8. Communities
9. Friends / Neighbours
10. Water
11. New Beginnings

<JH to add introductory notes on how to use the material>

<Detailed instructions for activities are still to be completed>

1. Opportunities / New Beginnings

Activity:

If I were to go home next week:

- These people I would like to have met
- These things I would hope to have done
- These things I would hope I have found out
- These things I would like to be able to say in other languages
- This person I would like to have become

Could write in personal journal or just discuss.¹

Reflections:

This day will you strengthen us. Amen.

This day will you bless us. Amen.

This day will you uplift us. Amen.

This day will you visit us for good. Amen.

This day will you inscribe us for happy life. Amen.

This day will you hear our cry. Amen.

This day will you accept our prayer in mercy and favour. Amen.

This day will you support us with your righteous hand. Amen.²

-Jewish New Year Prayer.

A seeker asked the Sufi Jalal ad-Din ar-Rumi if the Qur'an was a good book to read.

He replied, "You should rather ask yourself if you are in a state to profit from it."³

"Shoot for the moon. Even if you miss it you will land among the stars."⁴ *Les Brown – A dancing star.*

Now the Lord said to Abram, "Go from your county and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed."⁵

Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."⁶
-- Mark Twain⁶

In God's Name be the course and the mooring: let us embark.⁷

¹ Original Text, inspired by meditation from De Mello.

² Jewish. OWBP, 172. Also *Oxford Book of Prayer* (ed G. Appleton, OUP, 1985) p282.

³ De Mello, *TF*, p69.

⁴ Les Brown *A dancing star*. From *SYP1*, "Exploration."

⁵ NRSV Genesis12:1-3.

⁶ <http://www.bellaonline.com/articles/art19358.asp>

⁷ Holy Qur'an. Surah 11.41 (Prayer of Noah) from *Oxford Book of Prayer* (ed G. Appleton, OUP, 1985) p330

2. Choices / Getting the Most Out of Life

Activity: Stretching. Upwards. Reaching out.

“My happiness depends not on the events I meet, but on the way I meet the events.”⁸

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord you God that I am commanding you today, by loving the Lord you God, walking in his ways, and observing his commandments,..., then you shall live and become numerous and the Lord you God will bless you in the land that you are entering to possess.... Choose life so that you and your descendents may live....⁹

A woman dreamed she walked into a brand-new shop and, to her surprise, found God behind the counter.

“What do you sell here?” she asked.

“Everything your heart desires,” said God.

Hardly daring to believe what she was hearing, the woman decided to ask for the best things a human being could wish for. “I want peace of mind and love and happiness and wisdom and freedom from fear,” she said. Then as an afterthought, she added, “Not just for me. For everyone on earth.”

God smiled, “I think you’ve got me wrong, my dear,” he said. “We don’t sell fruits here, only seeds.”¹⁰

Scouts, I ask you to make a solemn choice. Differences exist between the people of the world in thought and sentiment, just as they do in language and physique. The war has taught us that if one nation tries to impose its particular will upon others, cruel reaction is bound to follow.

The Jamboree has taught us that if we exercise mutual forbearance and give-and-take, then there is sympathy and harmony. If it be your will, let us go forth from here fully determined that we will develop among ourselves and our scouts that comradeship, through the world-wide spirit of the Scout family, so that we may help to develop peace and happiness in the world and goodwill among all. Scouts, answer me. Will you join in this endeavour?¹¹

LES PORTES DE L'ENFER ET DU PARADIS

Le maître zen Hakuin était d'un grand jugement. Un jour, un Samouraï lui demanda :

- Est-ce que l'enfer existe? Et le paradis? Et si oui, où se trouvent les portes? Et comment entrer?

Le Samouraï avait un esprit simple comme tous les guerriers. Il ne s'embarrassait ni de philosophie ni d'arithmétique, seules la vie et la mort l'intéressaient. Il ne souhaitait pas assimiler une doctrine mais seulement savoir comment entrer au ciel et éviter l'enfer.

Pour répondre, Hakuin adopta un langage à portée du Samouraï.

- Qui es-tu? demanda-t-il.

- Je suis un Samouraï, répondit l'homme.

(Au Japon, le Samouraï est le guerrier parfait qui n'hésite pas une seconde à donner sa vie.)

⁸ Anon. from *SYP1* “Exploration”

⁹ Deuteronomy 30:15-16,19. NRSV

¹⁰ De Mello, *TF*. p103

¹¹ BP. Closing speech, first WSJ, Olympia, 1920.

- Je suis le premier des Samouraï, poursuivi fièrement le visiteur, même l'Empereur me respecte.

- Toi un Samouraï? se moqua Hakuin. Tu as plutôt l'air d'un gueux. Blessé dans son amour propre, le Samouraï oublia le motif de sa venue et dégaina son épée.

- Voilà une porte, fit Hakuin en souriant.

L'épée, la colère, la vanité, l'ego sont les portes de l'enfer.

Le Samouraï comprit et remit l'épée dans son fourreau.

- Et voilà l'autre porte, celle du paradis... commenta Hakuin.¹²

¹² *Apologue Zen - Paraboles de l'Orient et de l'Occident - Jean Vernet - Droguet et Ardent*

3. Discovery

Activity:

Ask everyone to draw nine dots in a square on a piece of paper (or on the ground). The dots need to be arranged in as three rows of three. Then set the challenge: to link all nine dots with just four lines without taking the pen or pencil off the paper. (Tip: you will need to go outside the box to solve the problem)¹³

Reflections:

**God be in my head, and in my understanding;
God be in my eyes, and in my looking;
God be in my mouth, and in my speaking;
God be in my heart, and in my thinking;
God be at my end, and at my departing.¹⁴**

A young man became obsessed with a passion for Truth so he took leave of his family and set out in search of it. He travelled over many lands, sailed across many oceans, climbed many mountains, and all in all, went through a great deal of hardship and suffering.

One day he awoke to find he was seventy-five years old and had still not found the Truth he had been searching for. So he decided, sadly, to give up the search and go back home.

It took him months to return to his hometown for he was an old man now. Once home, he opened the door of his house – and there he found that Truth had been patiently waiting for him all those years.¹⁵

The eye sees only what the mind is prepared to comprehend.

-- Henry Bergson

Most new discoveries are suddenly-seen things that were always there.

-- Susanne K. Langer 'Philosophy in a New Key' (1942)¹⁶

Each of us has to discover his own path – of that I am sure. Some paths will be spectacular... and others peaceful and quiet. Who is to say which is the more important? I am thankful for the tasks still left to do – of the adventures still lying ahead. – Sir Edmund Hilary¹⁷

¹³ SYP2 – exploration. Original source cited as GAPP.

¹⁴ Sarum Primer, WOV, 44.

¹⁵ De Mello, *HOTE* p179

¹⁶ <http://www.bellaonline.com/articles/art19358.asp>

¹⁷ SYP1 journeys

4. Light

Activity: Blindfolding. Led in trail? Blind collection of objects in relay. Small teams.

Reflections:

Disciple: What's the difference between knowledge and enlightenment?

Master: When you have knowledge, you use a torch to show the way. When you are enlightened, you become a torch.¹⁸

You are the light of the world. A city built on a hilltop cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house.¹⁹

When a friend visited the Spanish painter El Greco at his home on a lovely spring afternoon, he found him sitting in his room, the curtains tightly drawn. "Come out into the sunshine," said the friend. "Not now," El Greco replied. "It would disturb the light that is shining within me."²⁰

L'AVEUGLE ET SA CHANDELLE

Au Japon, pour s'éclairer dans la maison ou sur la route, on utilisait des lanternes en papier décoré contenant une chandelle allumée. Et pour la marche on les suspendait à de petites perches de bambou.

Un aveugle était en visite chez des amis. Le soir tombant, on lui offrit, suivant la coutume et les lois de l'hospitalité, une lanterne pour retourner à son domicile.

"Oh, vous savez, dit-il en riant, je n'en ai pas besoin! Pour moi, je vis toujours dans la nuit!

- Mais si, cher ami. Non pour éclairer votre chemin, mais pour signaler votre présence, de peur que quelqu'un ne vienne buter sur vous dans le noir."
L'aveugle remercia ses hôtes et pris la route sa lanterne à la main. Quelle ne fut pas sa surprise indignée quand, à un détour du chemin, il fut violemment heurté par quelqu'un qui faillit le projeter à terre.

"Hola! Maladroit! Vous n'avez donc pas vu ma lanterne?

- Mais, cher Monsieur, lui répond l'homme : votre lanterne est éteinte!"²¹

¹⁸ De Mello *TF* p70.

¹⁹ Matthew 5:14-15. Jerusalem Bible, DLT.

²⁰ De Mello *TF* p53

²¹ *Conte zen - Parables de Bonheur - Jean Vernet - Bayard Editions*

5. Seeing the Whole Picture

Activity: Set of picture of things at unusual angles or silhouettes. Guess what they are.

“101 things to do with a dead cat”

Find collection of objects – but where is peace and friendship?

Reflections:

A principle which has often been my guide in life is to look at one's environment in two ways, A and B. A stands for Above, B for Beyond. Let's take B first. Look wide, *beyond* your immediate surroundings and limits, and you see things in their right proportion. And in addition remember A: look *above* the level of things around you and see a higher aim and possibility to your work, i.e. how to serve God.²²

If you wish to see the valleys, climb to the mountain top; if you desire to seek the mountain top, rise into the cloud; but if you seek to understand the cloud, close your eyes and think.²³

It is a well recognised fact that the size of a mountain can only be appreciated by an experienced eye. Newcomers to the hills always under-estimate, sometimes absurdly underestimate, magnitudes and distances. It is only when a man has climbed peaks, and learned by close inspection, the actual dimensions of such details as bergschrunds, couloirs, cornices, and the like, that he is enabled to see them afar off for what they are. The beginner has to learn size by disappointment and fatigue.²⁴

L'éléphant et les quatre aveugles

Il y avait autrefois à Bénarès un roi très sage. Il convoqua un jour dans son palais quatre aveugles de naissance. Puis il fait introduire un éléphant dans la grande Salle du Trône. Il dit alors aux aveugles :

- Vous allez toucher cette grosse chose et me dire ce que c'est.

Le premier toucha la queue et dit :

- Bien sûr, c'est une corde!

Le deuxième toucha la trompe et déclara avec assurance :

- C'est un serpent!

Le troisième toucha une patte et affirma sereinement :

- C'est de toute évidence un tronc de bananier!

Le quatrième toucha le ventre et s'exclama :

- Mais c'est une barrique!

Et ils se mirent à se disputer et à en venir aux mains ...

L'insensé ne perçoit qu'une part des choses.

Seul le sage connaît le tout.

Ouvre ton esprit et ton coeur à la paix! Et la paix régnera sur terre.²⁵

²² BP – Rover Moot Address, Birmingham, 1928. FOTF, 69

²³ Kahlil Gibran, *Spiritual Sayings*, Heinemann, 1974. p10

²⁴ Lord Conway *The Alps from End to End in 1894*. London: Jonathan Cape, 1933.

²⁵ *Apologue hindou - Parables d'Orient et d'Occident - Jean Vernet - Droguet et Ardent*

6. Preconceptions

Activity:

How well do you know your friend:

- Where do they like to go on holiday?
- Which celebrity would they most like to meet?
- What is their favourite [brand of] chocolate?
- What is their favourite drink?

May we learn to think without prejudice, love all beings for love's sake, express our convictions fearlessly, lead a life of purity, so that the sunlight of truth will illuminate us. If theology and dogma stand in our way in the search for truth let them be put aside. May we be earnest and work out our salvation with diligence so that the fruits of holiness will be ours.²⁶

“GOD’S WAY”

I asked the Lord for a bunch of fresh flowers,
but instead he gave me an ugly cactus
with many thorns.

I asked the Lord for some beautify butterflies,
but instead he gave me many ugly
and dreadful worms.

I was threatened,
I was disappointed,
I mourned.

But after many days,
suddenly
I saw the cactus bloom
with many beautiful flowers.

And those worms
became beautiful butterflies
flying in the spring wind.

God's way is the best way.²⁷

Traveller: What kind of weather are we going to have today?

Shepherd: The kind of weather I like.

Traveller: How do you know it will be the kind of weather you like?

Shepherd: Having found out, sir, I cannot always get what I like, I have learned to always like what I get. So I am quite sure we will have the kind of weather I like.²⁸

“A pessimist finds difficulty in every opportunity; the optimist finds opportunity in every difficulty.” (Unknown)

- Méfiez-vous des rêves de jeunesse, ils finissent toujours par se réaliser.

²⁶ Anagarika Dharmapala, World Parliament of Religions, 1893. WOV, 51

²⁷ Chung-Ming Kao, [<http://www.warc.ch/where/22gc/address/02.html>]

²⁸ De Mello *HOTE* p176.

(Goethe)²⁹

- Aucun cactus n'est à ce point couvert d'épines qu'il n'ait de place pour une fleur. (Sagesse arabe)³⁰

- Il n'y a personne qui soit né sous une mauvaise étoile.

- Il n'y a que des gens qui ne savent pas lire le ciel.

Dalai-Lama³¹

²⁹ extraits de *Paraboles de Bonheur* - Jean Vernet - Bayard Editions

³⁰ extraits de *Paraboles de Bonheur* - Jean Vernet - Bayard Editions

³¹ extraits de *Paraboles de Bonheur* - Jean Vernet - Bayard Editions

7. Challenge

Activity (for the bus): **Your feet are amazing and we can prove it: While sitting down, make clockwise circles with your right foot. While you are doing this, draw the number “6” in the air with your right hand. Your foot will change direction.**³²

Another activity: **“Feeling uncomfortable” Ask everyone to cross their arms and hold the pose for one minute. Then change the pose so that the arms are folded the opposite way with the different arm on top. How do people feel when the arms are crossed in a different way? How many people felt uncomfortable? Are we always resistant to change?**³³

**Dear Lord, teach me to be generous;
Teach me to serve you as you deserve;
To give and not to count the cost,
To fight and not to heed the wounds,
To toil and not to seek for rest,
To labour and not to seek reward,
Save that of knowing that I do your will.**³⁴

A real scout is the most patient of people: one who doesn't worry if they do not succeed all at once, but waits and works quietly and determinedly till he “gets there” in the end – in small things just as much as in big ones.³⁵

Adventure isn't hanging on a rope off the side of a mountain. Adventure is an attitude that we must apply to the day to day obstacles of life - facing new challenges, seizing new opportunities, testing our resources against the unknown and in the process, discovering our own unique potential.³⁶ *John Amatt, organizer and participant in Canada's first successful expedition to the summit of Mt Everest*

“There have been joys too great to be described in words, and there have been griefs upon which I have not dared to dwell; and with these in mind I say, Climb if you will, but remember that courage and strength are not without prudence, and that a momentary negligence may destroy the happiness of a lifetime. Do nothing in haste; look well to each step; and from the beginning think what may be the end.”³⁷

LA JARRE ET LA CITROUILLE

Il était une fois un potier qui trouva un rameau de citrouille portant un fruit qui commençait tout juste à pousser. Par jeu, il mit la petite citrouille dans une jarre et l'y laissa. Quand vint le temps de la récolte, la citrouille avait grossi autant que la jarre le lui avait permis. Les parois de terre cuite avaient limité le potentiel du fruit et lui avaient aussi imposé leur forme.

La plupart des gens ont des jugements ou des croyances concernant qui ils sont, ce qu'ils peuvent faire ou ce qu'ils peuvent devenir. Ces croyances

³² Moot Spiritual Pack 3.

³³ SYP1 – quiet times

³⁴ Ignatius of Loyola, OWBP, 67.

³⁵ BP - *Yarns for Boy Scouts*. In *FOTF*, 93.

³⁶ John Amatt. From Moot Spiritual Pack 3

³⁷ Edward Whymper *My Scrambles Amongst the Alps*.

[<http://www.climber.org/Resource/wisdom.html>], 23Jan2005

forment une image limitante de soi, une jarre! Ces croyances peuvent être transparentes et difficiles à voir, ou solides comme un roc et revendiquées avec insistance, ou encore aussi incompréhensibles que l'espace infini; peu importe, elles limitent le potentiel de la personne.

Brisez donc votre propre jarre, et libérez votre potentiel!

Quelle grandeur, quelle puissance, quelle réussite pouvez-vous atteindre?

Croyez-moi, il vous faudra un peu de temps pour vous habituer à la réponse.³⁸

³⁸*Présentation du Créativisme - extrait de Parables de Bonheur - Jean Vernet - Bayard Editions*

8. Communities

Activity

“game of the Guardian Angels” throughout the day. [look after another throughout the day – unknown to the other – draw by lots within unit or patrol.]

Reflections:

**Lord, make me an instrument of your peace.
Where there is hatred let me sow love,
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light;
Where there is sadness, joy.
O divine Master, Grant that I may not so much seek
To be consoled as to console,
To be understood as to understand,
To be loved as to love,
For it is in pardoning that we are pardoned;
It is in dying that we are born to eternal life.
- St Francis of Assisi³⁹**

**Lord,
I give you my hand to do your work.
I give you my feet to go your way.
I give you my eyes to see as you see.
I give you my tongue to speak your words.
I give you my mind that you may think in me.
I give you my spirit that you might pray in me.⁴⁰**

The very fact you know about someone who is in trouble means that in some way you are able to help. Otherwise, why would this knowledge have entered your world?⁴¹

There was once a man who was busy building a home for himself. He wanted it to be the nicest, cosiest home in the world. Someone came to him to ask for help because the world was on fire. But it was his home he was interested in, not the world. When he finally finished his home he found he did not have a planet to put it on.⁴²

LES MAINS D'ALLAH

Un maître voyageait avec un disciple chargé de s'occuper du chameau. Le soir en arrivant à l'auberge, le disciple était tellement fatigué qu'il n'attachait pas l'animal.

- Mon Dieu, pria-t-il en se couchant, prends-en soin, je te le confie.

Le lendemain matin, le chameau ayant disparu, le maître voulut savoir où il se trouvait.

- Je l'ignore, répondit le disciple, il faut interroger Allah! Hier soir, j'étais très fatigué et lui ai confié notre monture. Ce n'est pas ma faute si ce chameau

³⁹ *Oxford Book of Prayer* (ed G. Appleton, OUP, 1985) p 75

⁴⁰ Bishop Lancelot Andrewes, OWBP, 63.

⁴¹ Baal Shem Tov, EOTI, 63

⁴² De Mello *HOTE* p153

s'est enfui ou a été volé. J'ai très explicitement demandé à Dieu de le surveiller. C'est lui le responsable. Ne nous avez-vous pas souvent exhortés à faire confiance à Allah?

- Aie confiance en Allah, mais entrave d'abord ton chameau, répondit le maître.

Car Dieu n'a pas d'autres mains que les tiennes.⁴³

⁴³*Parabole de l'Islam - Parabole d'Orient et d'Occident - Jean Vernet - Droguet et Ardent*

9. Friends / Neighbours

Activity: Eat something today with a scout you do not know.

Reflections:

Let your best be for your friend.

If he must know the ebb of your tide, let him know its flood also.

For what is your friend that you should seek him with hours to kill?

Seek him always with hours to live.

For it is his to fill your need, but not your emptiness.

And in the sweetness of friendship let there be laughter, and sharing of pleasures.

For in the dew of little things the heart finds morning and is refreshed.⁴⁴

Let there be no purpose in friendship save the deepening of the Spirit.⁴⁵

I would urge that, at the Jamboree, we do not let our scouts be content with the mere fact of being in camp with those of other nations, but that we should encourage them to utilise every minute of the short time they are there to make acquaintance, and from acquaintance friendship, with their brother and sister scouts, their future family in the world. Each one could then go forth from the Jamboree with a new responsibility upon him, namely that of an apostle, to his particular district, of peace and goodwill.⁴⁶

“Please – tame me” said the fox.

“I want to very much,” the little prince replied. “But I have not much time. I have friends to discover and many things to understand.”

“One only understands the things one tames,” said the fox. “Men have no more time to understand anything. They buy things all ready made at the shops. But there is no shop anywhere where one can buy friendship, and so men have no friends any more. If you want a friend, tame me...”⁴⁷

A faithful friend is a sure shelter, whoever finds one has found a rare treasure.

A faithful friend is something beyond price, there is no measuring his worth.

A faithful friend is the elixir of life, and those who fear the Lord will find one.

Whoever fears the Lord makes true friends, for as a man is, so is his friend.⁴⁸

⁴⁴ Kahlil Gibran, *The Prophet*. 70. London: Heinemann, 1966.

⁴⁵ Kahlil Gibran, *The Prophet*. 70. London: Heinemann, 1966.

⁴⁶ BP – *Jamboree, 1929*. in FOTF, 64.

⁴⁷ Antoine de Saint-Exupéry, *The Little Prince*, xxi.

⁴⁸ Ecclesiasticus 6 :14-17 Jerusalem Bible (DLT)

10. Water

Activity: "Thankful for water"

Give each person a cup of water.

Let's thank God for clean water to sip. (everyone takes a sip)

Let's thank God for clean water to gulp (everyone takes a gulp)

Let's thank God for clean water to slurp (everyone takes a slurp)

Let's thank God for clean water to gargle (everyone tries to gargle)

Let's thank God for clean water to drink (everyone takes a drink)

Thank you God for your precious gift of water.⁴⁹

**What would the world be, once bereft
Of wet and of wildness? Let them be left,
O let them be left, wildness and wet;
Long live the weeds and the wilderness yet.⁵⁰**

**Water flows from high in the mountains.
Water runs deep in the earth.
Miraculously, water comes to us,
and sustains all life.⁵¹**

L'EAU ENTRE LES DOIGTS ...

Le Bouddha disait :

**Le bonheur est comme l'eau entre les doigts.
Dès qu'on veut la saisir, elle n'est plus là.
Dès qu'on veut la posséder, elle s'échappe.
On ne possède pas les choses :
On les tient seulement un instant entre les mains.
Dès qu'on veut les posséder, elles nous possèdent.
Quand on veut s'approprier les choses, on les gâche.
Quand on les libère, on en est maître pour toujours.
Si tu veux être heureux,
Ne t'attache pas aux choses.
Alors tu les posséderas.⁵²**

EAU ...

**Eau, tu n'as ni goût, ni couleur, ni arôme
On ne peut pas te définir, on te goûte sans te connaître.
Tu n'es pas nécessaire à la vie :
Tu es la VIE
Tu nous pénètres d'un plaisir qui ne s'explique point par les sens.
Avec toi rentrent en nous tous les pouvoirs auxquels nous avons renoncé.
Par ta grâce s'ouvrent en nous toutes les sources taries de notre coeur.
Tu es la plus grande richesse qui soit au monde,
Et tu es aussi la plus délicate
Toi si pure au ventre de la terre.
Tu n'acceptes point de mélanges, tu ne supportes point d'altération,
Tu es ombrageuse.
Mais tu répands en nous un bonheur infiniment simple.⁵³**

⁴⁹ SYP2 – water.

⁵⁰ Gerald Manley Hopkins – *Earth Prayers*, 154. Original source?

⁵¹ Thich Nhat Hanh – In *Earth Prayers*, Ed. Elizabeth Roberts & Elias Amidon.

HarperSanFrancisco, 154. (author handled by parallax press)

⁵² *Enseignements du Bouddha - Parables de Bonheur - Jean Vernette - Bayard Editions*

11. New Beginnings

Activity: EuroJam Postcards to send later (by unit leaders)

I have a dream that one day the state of Alabama... will be transformed into a situation where little black boys and black girls will be able to join hands with little white boys and white girls and walk together as sisters and brothers. I have a dream today....This is our hope. This is the faith with which I return to the South... With this faith we will be able to work together, to pray together, to struggle together, to go to jail together, to stand up for freedom together, knowing that we will be free one day.⁵⁴

Then I saw a new heaven and a new earth; for the first heaven and the first earth had passed away, and the sea was no more. And I saw the holy city, the new Jerusalem, coming down out of heaven from God, prepared as a bride prepared for her husband. And I heard a voice from a throne saying, "See, the home of God is among mortals. He will dwell with them; they will be his people and God himself will be with them; he will wipe away every tear from their eyes."⁵⁵

I said to the man who stood at the gate of the year
'Give me a light that I may tread safely into the unknown.'
And he replied, 'Go into the darkness and put your hand into the hand of God
That shall be to you better than light and safer than a known way!'
So I went forth and finding the Hand of God
Trode gladly into the night
He led me towards the hills
And the breaking of day in the lone east.⁵⁶

"It's really a wonder that I haven't dropped all my ideals because they seem so absurd and impossible to carry out. Yet, I keep them, because in spite of everything I still believe that people are really good at heart."⁵⁷ *Anne Frank?*

The important thing about swapping is not the items that are exchanged, instead, it is the process of getting to know another person and the benefits which follow...

Two men went into a diner and sat down at the counter. They ordered two sodas, took sandwiches out of their packs and started to eat them. The owner saw what was going on and approached the men. "You can't eat your own sandwiches in here," he complained. The two men stopped, looked at each other, and then swapped their sandwiches.⁵⁸

⁵³ *Terre des Hommes - Antoine de St Exupéry*

⁵⁴ <http://www.mecca.org/~crights/dream.html> Source: Martin Luther King, Jr: The Peaceful Warrior, Pocket Books, NY 1968

⁵⁵ NRSV Rev 21:1-4a.

⁵⁶ Minnie Louise Haskins *The Gate of the Year*.
[http://www.geocities.com/piers_clement/gate.html]

⁵⁷ From Moot Spiritual Pack 5. or Bog Sheet?

⁵⁸ From Moot Spiritual Pack 5.

Sources & Abbreviations

APW – *A Prayerful World*. Eds John Seddon, Colin Coleman. Merseyside Scouts.

EOTI – *Explorers of the Invisible*. *WSJ20*.

FOTF – *Footsteps of the Founder*.

HOTE – Anthony De Mello *The Heart of the Enlightened*. London: Fount (Harper Collins), 1989. (Collection of stories, original sources not given)

NRSV – *New Revised Standard Version*. (Most widely accepted translation of Christian Scriptures. General permission given for usage. Copyright page should note "The scripture quotations contained herein are from the New Revised Standard Version of the Bible, Anglicised edition, copyright © 1989, 1995 by the Division of Christian Education of the National Council of the Churches of Christ in the United States of America, and are used by permission. All rights reserved.")

OWBP - *The Oneworld Book of Prayers*. Compiled Juliet Mawby, p27.

TF – Anthony De Mello *Taking Flight*. New York: Image (Doubleday), 1988.

WOV – *With One Voice*. Ed. Sid Hedges. RE Press / Pergamon, Oxford.